

CLASS DESCRIPTIONS

Placement Classes

New students with prior ballet training must contact our Administrator to arrange for an audition class with the Director in order to determine class placement.

Promotion

Students will be promoted to the next level of study when they have successfully mastered the vocabulary and technique of their current level. In May/June students will perform an annual exam for the entire faculty in order to determine class placement for the following year. Students will be most successful if they participate in all of the recommended classes for their level of study.

Private Lessons

Private lessons with individual faculty members are available for all dancers fully registered in the Academy. The cost is \$65/hour and lessons must be arranged through the Administrative Office.

Children's Division

Pre Ballet 1 (3 & 4 year olds)

Pre Ballet 2 (5 year olds)

Pre Ballet 3 (6 year olds)

The syllabus in the Children's Division has been specifically created for the youngest students at the Academy. The creativity, artistic imagination, education and experience of our professional staff have produced an exciting program that lays a strong foundation for entrance into the Lower Division of the Academy.

Teen Beginning Ballet

New this year Teen Beginning Ballet is exclusively for dancers in Middle School and High School who want to learn the basics of Classical Ballet terminology and technique. This class is excellent for anyone who is participating in school drama programs, gymnastics, ice skating or for those who as a teen simply want to begin learning this beautiful art form for the first time.

Academy Lower Division

Students enter the Lower Division at age 7 to begin their study of classical ballet technique. All levels of the Lower Division are instructed in the components of the Vaganova syllabus with strict attention to correct body placement, learning in a group setting, ballet decorum and self discipline.

Ballet 1

Classical ballet terminology and basic exercises are introduced at the barre and in the center. Emphasis is on the positioning of the feet and arms, carriage of the body, posture and an introduction to basic stretching. This class is required for all beginners regardless of age. No ballet experience necessary.

Ballet 2

Students begin to develop a more extensive ballet vocabulary as simple movements are combined. Balance, increased flexibility, vertical body positioning, strength and turnout are stressed.

Ballet 3

Students continue to develop their ballet vocabulary as strength, increased flexibility, turnout and balance continue to be stressed. Movement patterns begin to be more complex as basic, jumping, turning and waltzing steps are introduced.

Ballet 4

Basic strength, flexibility and turnout are emphasized while young women begin preparation for pointe work and the young men prepare for turning in the air.

Young Men

The fundamentals of classical technique are presented by our Ballet Master, Alisher Saburov. These classes provide a focus on strength, stamina, conditioning, coordination, agility and fun specifically for young men.

Pinky & Cavalier Program

A small, select group of young dancers from the Lower Division, this group of students will train intensively five times per week under the direction of select faculty members. Young people, male and female are invited into this program based on their physical and mental potential to be successful in a comprehensive training program. **These dancers must train a minimum of 4 weeks during the summer.**

Academy Upper Division

Upper Division students are expected to train for a minimum of 5 weeks during the summer at either the Classical Ballet Academy or a professional company's summer program. Summer training is mandatory for participation in our annual Nutcracker production. Upper Division dancers are also expected to perform in the Theatre's 2 major productions each year. Dancers who qualify to take class in the Upper Division who choose not perform may take classes at the Intermediate level or below.

Intermediate

Basic pointe work is emphasized in each class as students continue to focus on placement, strength, flexibility, aplomb and artistry.

Advanced

Pointe work and technical challenges increase. Advanced students are allowed and encouraged to take unlimited classes above and beyond those required at their level.

Pre Professional

A very small group of emerging artists are invited in to this class in order to train for a professional career. Entrance is by audition only. Participants must sign a contract, commit to the program and attend all classes and rehearsals without fail. Failure to do so will result in release from the program. Participants of this level perform the majority of leading roles for the Classical Ballet Theatre.

Junior and Senior Company Classes

The Classical Ballet Theatre Company Classes are composed of dancers from the Pinky/Cavalier and Upper Division. Placement is made by the Artistic Staff.

Pas de Deux

Select dancers will learn the basic vocabulary and techniques of dancing with male/female partners. This class is by invitation only.

Jazz

Students will learn classical jazz choreography in the funk, lyrical and Broadway jazz styles.

Modern

The elements of contemporary movement are explored through the basics of Graham, Horton, and Limon technique. Strength in the central is stressed as a new vocabulary of dance movement is developed.